

**Functional Assessment
(partial)**

Client Name: Lee, Maria

Date of completion of Functional Assessment: April 16, 201X

Domain Name: Interpersonal functioning, including relationships with the adult's family

Status: Maria is divorced mother of two minor children. Ex-husband sees children on most alternating weekends.

Functional Description and Cultural Considerations: Maria states that she is having difficulty handling her role as a single parent – managing household, children's school routine, oversees homework, children's concerns about their father, consistent expectations and discipline, inadequate sleep. She states that her relationship with her daughter is positive – no conflicts, open communication. She states that Shane has been missing school because he pretends to have minor physical illnesses in order to stay home with Maria. She states that he acts overly dependent on her. Her former mother-in-law is a support to Maria and her children, and helps with transportation. Maria's has little contact with other family members including the two siblings who live in the Twin Cities area. Maria reports feeling isolated because she is accustomed to frequent contact and gathering of extended family. Maria has only one close friend/confidant who is only talks to on the phone since Maria has moved to Shakopee.

Functional Limitations Link to MI symptoms: Maria's lack of energy and recent hospitalizations interfere with her ability to be a consistent parental figure in her children's life. Maria says that her depression symptoms interfere with ability to get going in the morning, to complete routine tasks, and to not be "pressured" when communicating with her children.

Domain Name: Medical and Dental Health

Status: Maria has asthma not well controlled by medications. Maria had high blood sugar levels, and needs to be evaluated for diabetes. Maria has Medical Assistance health coverage.

Functional Description and Cultural Considerations: Maria has occasionally failed to refill her asthma medication, resulting recently in cortisone shot which brought on a psychosis requiring hospitalization. During this hospitalization she was found to have high blood sugar. (See Health and Lifestyle Assessment Interview dated 4/16/20XX in client file for detailed information on health care access, health care treatment, and health lifestyle of Maria). Due to a lack of stable housing and transportation, Maria has not received regular medical care. Maria's lack of independent transportation makes it challenging for her to access routine health care, recommended treatment and medications for her asthma, and obtaining her medications.

Functional Limitations Link to MI symptoms: Maria says that her depression symptoms interfere with ability to get going in the morning, to complete routine tasks, such as, planning and accessing medical care.

Client signature: *Maria Lee*

Date: April 16, 20XX

Case manager signature: *Rob Jones*

Date: April 16, 201X

Clinical supervisor signature: *Susan Franklin, LICSW*

Date: April 22, 201X